



## ToeNail Laser

Patient Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip code: \_\_\_\_\_

Home Phone#: \_\_\_\_\_ Cell Phone: # \_\_\_\_\_

Email Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Social Security #: \_\_\_\_\_ Sex: Male Female

Occupation: \_\_\_\_\_ Marital Status: S / M / D / W

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

Responsible Party (if applicable): \_\_\_\_\_

Current Podiatrist: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_

Allergies to Medication: \_\_\_\_\_

Diabetic: YES NO Do you have history of Psoriasis: YES NO

Latex Allergy: YES NO Do you have Peripheral Vascular Disease: YES NO

Do you have any decreased sensation or numbness in either of your feet: YES NO

How were you referred to the office: \_\_\_\_\_

List any anti-fungal medications/treatments used in the past 6 months: \_\_\_\_\_

\_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## **Laser Treatment Consent**

The foot laser can treat most toenail fungus by penetrating the nail and destroying the fungus embedded in and under the nail plate. The laser has no effect on skin or healthy tissue. In clinical studies there have been no adverse reactions, injuries, disabilities or known side effects. As with any procedure, there may be some risk of side effects that are unknown.

I understand that clinical results may vary in different patients. Clinical studies reveal that 88% of treated patients show significant nail improvement with one laser treatment.

I understand that the fungus may not be completely destroyed, and the nail may become reinfected, or there may be other types of infection present. The nail may continue to be discolored or not attached to the nail bed. This treatment will not change the shape, width, or other deformity of the nail plate. It may be necessary to preform additional treatments to obtain optimal results. With this in mind, I am choosing to try the foot laser non-invasive treatment for toenail fungus.

I certify that I have read, or had read to me, the contents of this form. I understand the risks and alternatives involved in this procedure. I am also aware that I can't be pregnant at time of treatment. I have had the opportunity to ask questions, and all of my questions have been answered. I agree to the terms of this agreement/consent.

### **Congratulations!**

**Now that you are on the road to clean, clear, beautiful toenails, here are a few essential steps....**

- Change your bed sheets before bedtime tonight.
- We recommend sanitizing your shoes to assure they are free of fungus. **Clean Sweep** is available in our office. Start by applying the spray to the shoe you wore today and the shoe you will wear tomorrow. Be sure that the shoes have ample time to dry out before you wear them.
- Keep your toenails trimmed and cleaned. Throw out all used nail files and nail polishes, as they are contaminated. Application of **Clarus** is recommended after laser treatment to help prevent reinfection however nail polish can be applied to the toenails 2 weeks after treatment.
- You may resume all normal activity. Wear sandals rather than walking barefoot in public areas such as pool decks, and locker rooms.

**I have read and agree to all of the above aftercare instructions.**

Patient's Name (Printed): \_\_\_\_\_

Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

---

8008 Route 130, Suite 310, Building B, Delran, NJ 08075 · 856-393-8771 · Fax 856-393-8767

128 State Highway 70, Suite 14, Medford, NJ 08055 · 609-714-3434 · Fax 609-714-1933

309 Creek Crossing Blvd, Hainesport, NJ 08036 · 609-261-9660 · Fax 609-261-9440

Email: [info@KadinFootandAnkle.com](mailto:info@KadinFootandAnkle.com) · [KadinFootandAnkle.com](http://KadinFootandAnkle.com)

## Laser Nail Treatment Reminders

- Change your bed sheets before bedtime tonight.
- We recommend sanitizing your shoes to assure they are free of fungus. **Clean Sweep** is available in our office. Start by applying the spray to the shoe you wore today and the shoe you will wear tomorrow. Be sure that the shoes have ample time to dry out before you wear them.
- Keep your toenails trimmed and cleaned. Throw out all used nail files and nail polishes, as they are contaminated. Application of **Clarus** is recommended after laser treatment to help prevent reinfection however nail polish can be applied to the toenails 2 weeks after treatment.
- You may resume all normal activity. Wear sandals rather than walking barefoot in public areas such as pool decks, and locker rooms.